



WHY I APPRENTICE

# Video Competition

## Submission Checklist

---

- Is your video in Mp4 format?
- Is the file name the lead producer's first and last name (ex. **edsheeran.mp4**)?
- Is the video 60 seconds or less?
- Did you check for typos in any text that appears in the video or description?
- Did you check to see if any of the audio or visual content you used is under copyright?
- Do you have signed [media release forms](#) from everyone who appears in your video?
- Are the file names of the media release forms in the following format:  
  
[LeadProducerFirstnameLastname]-mediarelease-[FormOwnerFirstnameLastname].pdf  
  
(ex. Edsheeran-mediarelease-johnlennon.pdf)?

**You're ready to submit! Go to [jff.org/whyiapprentice](http://jff.org/whyiapprentice)**