



Alphabiography

First, write each letter of your name (first or last – you choose!) in the boxes on the left side of the page. (Don't worry if your name won't fit – just use the first seven letters.) Then, think of a word that represents one aspect of who you are that begins with each letter. Finally, write a short description of how that word relates to you.



Personal Identities Wheel

Complete the wheel by listing 1–3 items about yourself in each category. When you come to talents, skills, and traits, you can use the Word Bank on the next two pages to help you find a match.





Word Bank

Talents and Traits Bank

- *Active*
- *Adventurous*
- *Agreeable*
- *Alert*
- *Articulate*
- *Aspiring*
- *Athletic*
- *Attractive*
- *Balanced*
- *Brilliant*
- *Calm*
- *Caring*
- *Charismatic*
- *Charming*
- *Cheerful*
- *Clever*
- *Colorful*
- *Compassionate*
- *Confident*
- *Creative*
- *Curious*
- *Daring*
- *Dramatic*
- *Energetic*
- *Enthusiastic*
- *Focused*
- *Friendly*
- *Generous*
- *Gentle*
- *Genuine*
- *Healthy*
- *Helpful*
- *Honest*
- *Humble*
- *Humorous*
- *Independent*
- *Innovative*
- *Loyal*
- *Modest*
- *Neat*
- *Patient*
- *Perfectionist*
- *Resourceful*
- *Respectful*
- *Responsible*
- *Sophisticated*
- *Strong*
- *Studious*
- *Warm*
- *Wise*
- *Witty*
- *Aggressive*
- *Ambitious*
- *Amusing*
- *Artful*
- *Big thinking*
- *Competitive*
- *Complex*
- *Deceptive*
- *Determined*
- *Frugal*
- *Glamorous*
- *Mellow*
- *Ordinary*
- *Outspoken*
- *Progressive*
- *Proud*
- *Sarcastic*
- *Self-conscious*
- *Tough*
- *Unpredictable*
- *Whimsical*



Skills Bank

- *Listening*
- *Clarity and concision*
- *Verbal and nonverbal communication*
- *Decision-making*
- *Time management*
- *Delegation*
- *Planning*
- *Feedback*
- *Responsibility*
- *Flexibility*
- *Commitment*
- *Teamwork*
- *Empathy*
- *Patience*
- *Trustworthiness*
- *Adaptability*
- *Resilience*
- *Handling criticism*
- *Problem-solving*



Material World

Choose five families and record your thoughts about each family image on the first page of this section, and then compare and contrast them on the second page.

Family Name	Recorded Observations



Compare and contrast the *Material World* images you chose.

Similarities	Differences



3. Have you ever thought of yourself as normal and people different from you as strange, odd, or abnormal?

4. How might we communicate differently with each other if we viewed everyone as normal?



My Traits and Talents

After completing the online personality quiz, complete this activity based on your results.

Choose a phrase from the introduction that sounds like you and three words that fit:



Strengths

What are your talents?

Reflect

How do you use these talents?



**My personality
type**



Work Habits

How do these help you at work or school?

Careers

What type of careers would I do well in?



People who share my personality type:



Name It! Claim It! Aim It!



Name It!

What are your strengths and talents?



Aim It!

- How can your strengths and talents help you achieve your goals?
- What is one way you plan on aiming your talent?



Claim It!

What is one time when your strengths helped you accomplish something?



Spark Survey

Think of things that interest you, that you like doing, or that you would like to try if you had the space, time, money, and support. List your specifics here.



List ideas and activities that interest you now.



List three ways you would spend your free time (if you could).

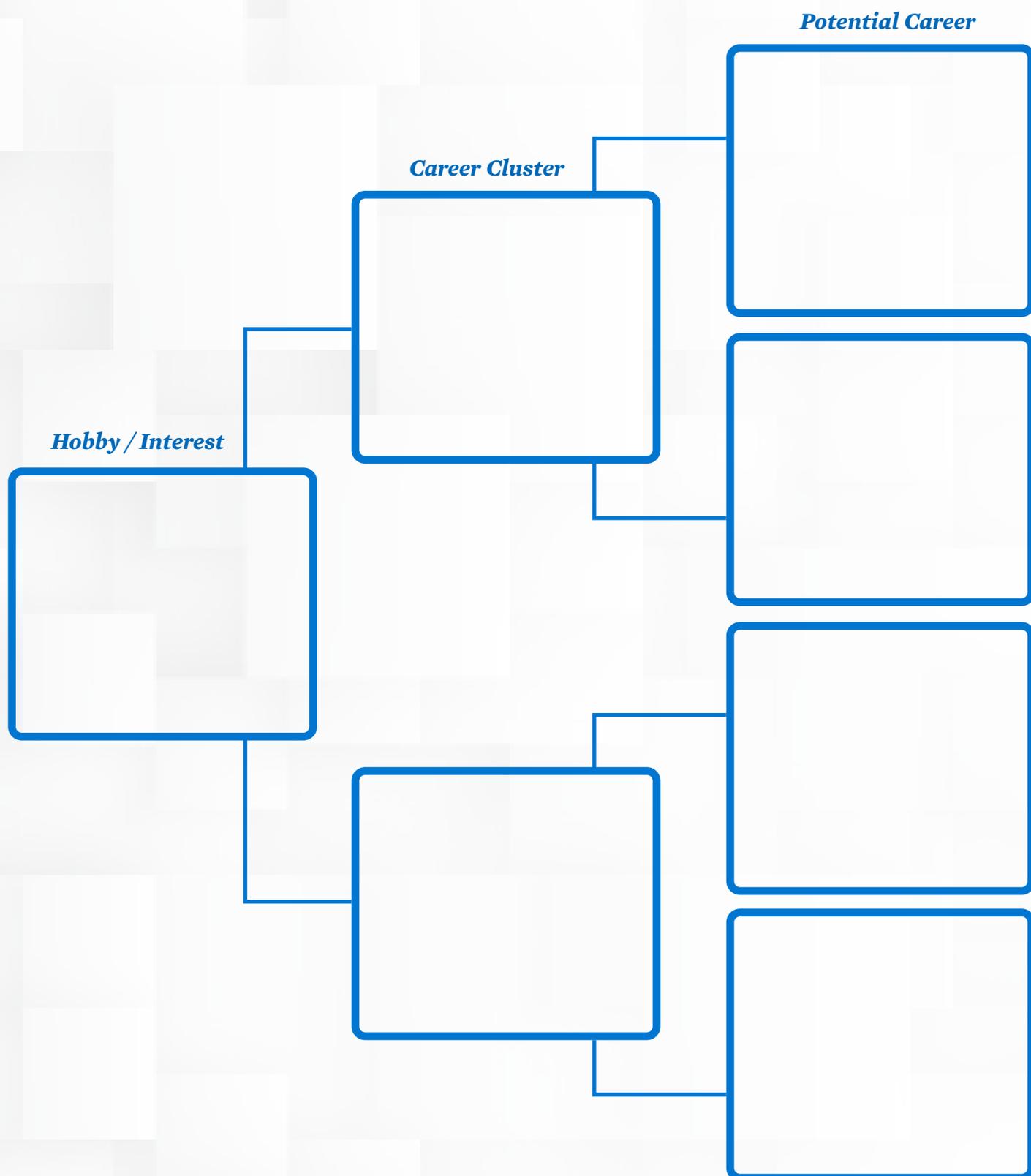


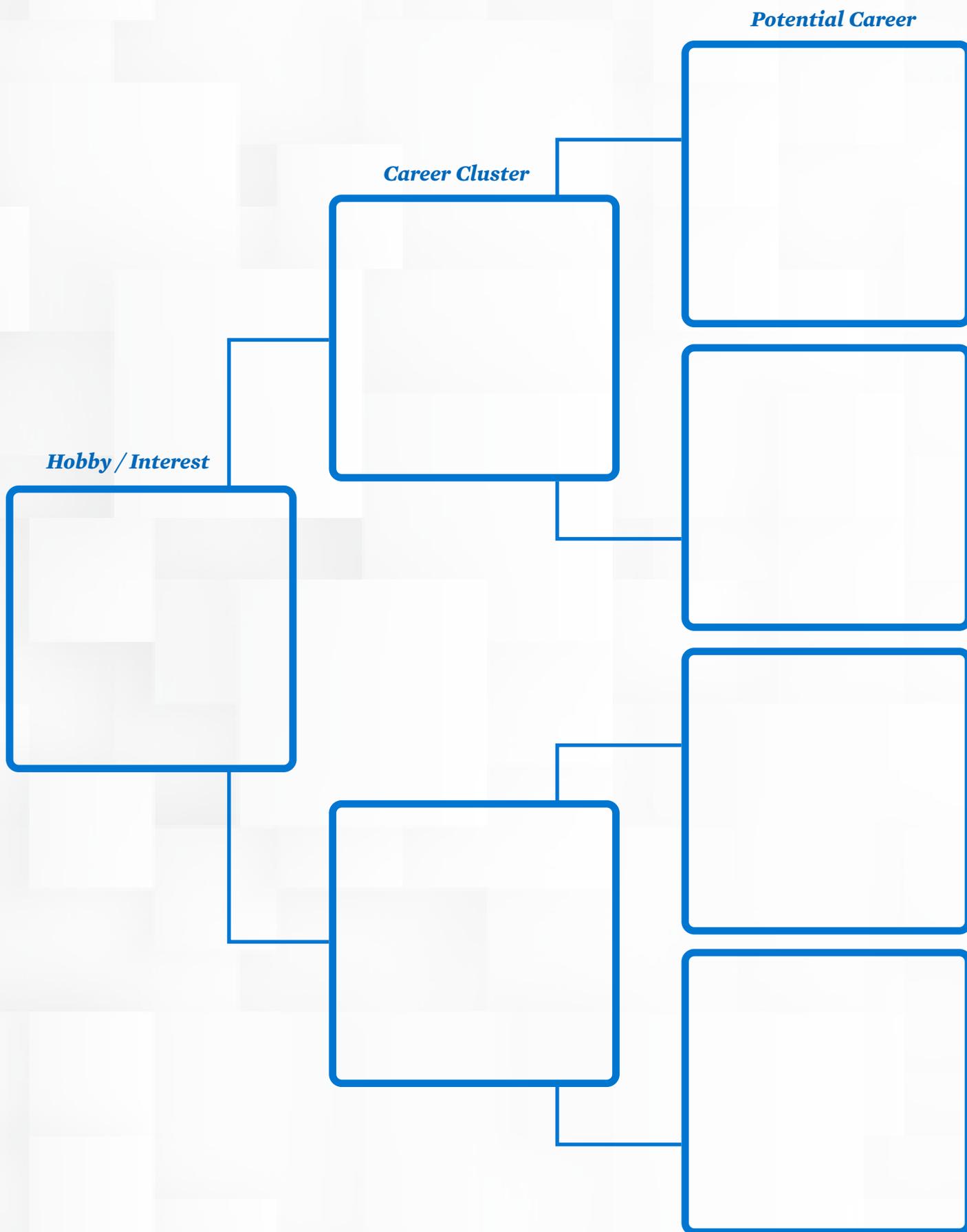
What three things would you want to try, learn, or explore?



Career Cluster Brainstorm

Identify two interests you have and write them in the boxes on the left side of the page. Select two career clusters for each hobby/interest and write them down in the middle boxes. Then, brainstorm potential careers that combine the career clusters and your interests in the boxes on the right.







3. Which career cluster does the career you imagine fall into?

4. How might you learn more about that career cluster?



Six-Word Statement Planning



What emotion do you want your reader to feel?

(e.g., “Happy, sad, etc.”)



What specific image can you use to guide your six words?

(e.g., “An alarm clock or a dreamcatcher.”)



How could you use punctuation creatively?

(e.g., “This is I. I am myself.”)



How will your statement give a deeper meaning?

(e.g., “I am not the only one.”)



Final Six-Word Statement

--	--	--	--	--	--



Final Six-Word Statement

--	--	--	--	--	--



Final Six-Word Statement

--	--	--	--	--	--



3. Of the careers the survey results connected you to, which one (or more) did you choose to explore in more depth?

4. List three things you learned about the career you chose to explore.



Jobs Versus Careers

What is the difference between a **job** and a **career**?

As we think of success and prosperity, it is important to move beyond just the financial dimension of prosperity to include values, community, contribution, and personal happiness.

Assess how you think about success and prosperity, read each of the following statements, and indicate if you agree, disagree, strongly agree, or strongly disagree.

- There are more opportunities for youth today than 50 years ago.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- To be successful, it is important to go to college.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- Working while in high school will increase your chances of getting a good job in college and later.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>



- Money is the most important thing about working.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- Being a hard worker will get you to the top.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- In general, men earn more than women.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- The most important thing to consider when choosing your career is what you enjoy doing.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>



- My generation works as hard as my grandparents generation.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- I would like to own a home someday.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- Career planning doesn't matter because robots will do everything in the future!

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- Earning a paycheck in high school would be a good thing.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>



- All I have to do is blog about my passion, and I will be fine.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- You have to work your way to the top.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- Getting good grades is the only way to get a good job.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

- It's not about what you know; it's about who you know.

Agree	<input type="checkbox"/>	Disagree	<input type="checkbox"/>
Strongly Agree	<input type="checkbox"/>	Strongly Disagree	<input type="checkbox"/>

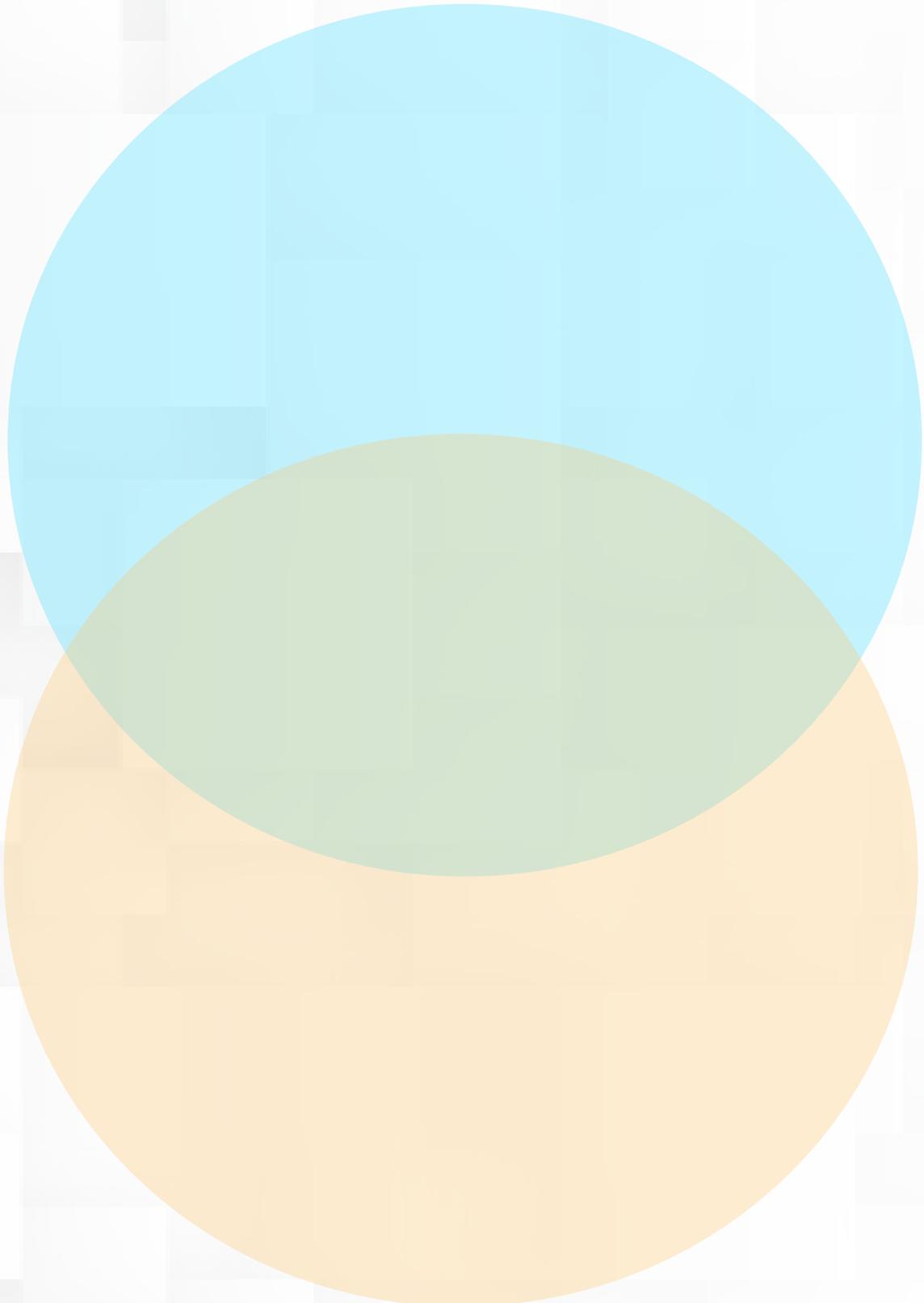


Job and Career Venn Diagram

Summarize how jobs and careers are different and similar by listing two aspects of jobs in the Jobs circle, two aspects of careers in the careers circle, and two things they have in common in the middle where the circles overlap.

Jobs

Careers





Journal Reflection

How did the information in this lesson impact your thinking about your future work choices?



Expense Worksheet

Use this worksheet to add up your expenses for one month based on your choices. Notice that there are some other necessary expenses to be calculated as well. If you need help calculating percentages, use the percentage calculator on the next page.

	Expenses: Details	Subtotal
A)	Housing Costs Monthly rent or mortgage \$ Household bills (electricity, heat and cooling, etc.) \$ (30% of rent or mortgage)	\$
B)	Transportation Costs Monthly payment or other transportation costs \$ Vehicle maintenance + (30% of monthly payment) \$	\$
C)	Other Costs Leisure item: \$ Leisure item: \$ Groceries (at least \$250) \$ Clothing (estimated) \$ Other Expenses (estimated) \$	\$
D)	Total Monthly Expenses (A + B + C)	\$



Percentage Calculator

Knowing how to calculate percentages is a really handy skill to have. Eating in a fancy restaurant? You'll need percentages to figure out the tip. Shopping at a big sale? Percentages will help you figure out what you can afford to buy.

In this lesson, you'll need percentages to figure out your take-home pay and your household and car expenses. Use the table below to help.

For example, if you make \$2000 a month, 10% of your income is \$200 and 30% of your income is \$600, as shown in the shaded boxes below.

Monthly income, house payment, or car payment	10% (Drop the last number.)	30% (Add 10% three times or multiply 10% by three.)	Monthly income, house payment, or car payment	10% (Drop the last number.)	30% (Add 10% three times or multiply 10% by three.)
100	10	30	1800	180	540
200	20	60	1900	190	570
300	30	90	2000	200	600
400	40	120	2100	210	630
500	50	150	2200	220	660
600	60	180	2300	230	690
700	70	210	2400	240	720
800	80	240	2500	250	750
900	90	270	2600	260	780
1000	100	300	2700	270	810
1100	110	330	2800	280	840
1200	120	360	2900	290	870
1300	130	390	3000	300	900
1400	140	420	3100	310	930
1500	150	450	3200	320	960
1600	160	480	3300	330	990
1700	170	510	3400	340	1020



Monthly Budget Worksheet

Career

Education Level

Use this worksheet to subtract taxes and expenses from your gross monthly income.

Monthly Income	
A) Gross Monthly Income	\$
B) Total Monthly Expenses	\$
C) Net Monthly Income (A – B = C)	\$
H) Monthly Balance	\$



Visual Holland Reflection

Directions: After you finish the photo career test, fill out the form below with the two career interest types on which you scored highest.

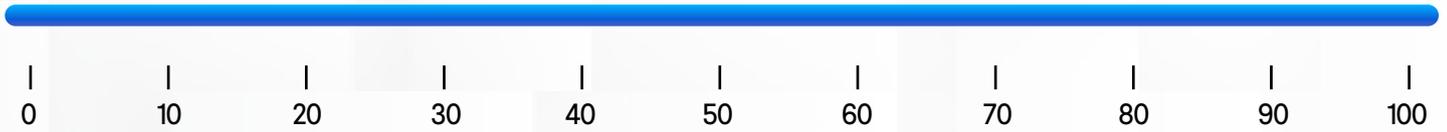
	Career Interest Type One:	Career Interest Type Two:
This type is interested in:		
They enjoy jobs that are:		
They do their best work when:		
Examples of careers with this Holland Code are:		



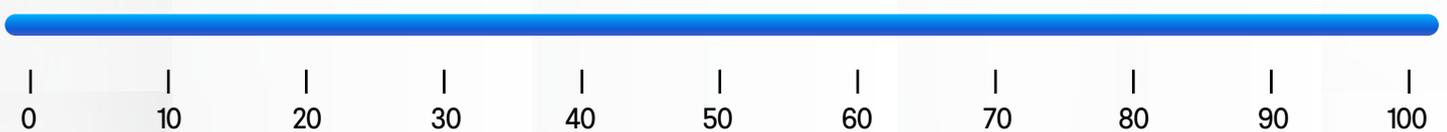
Holland Code Careers

After taking the Holland Code Career Test, fill out the bar graph with your career interest results. Then, answer the questions below.

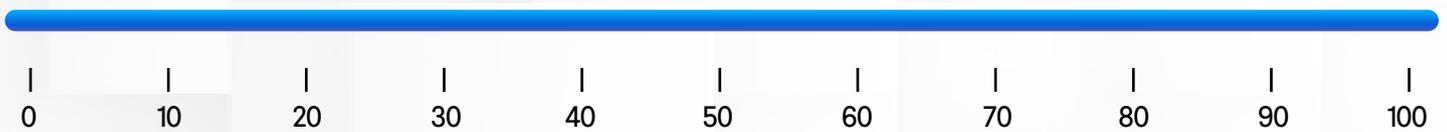
Building



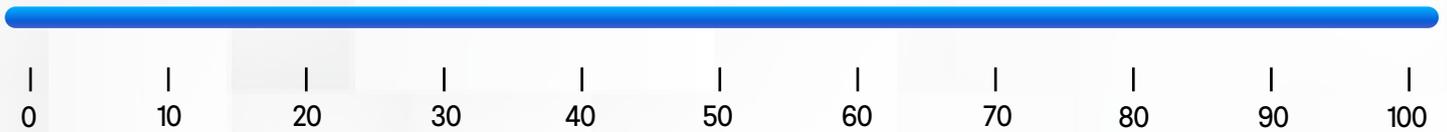
Thinking



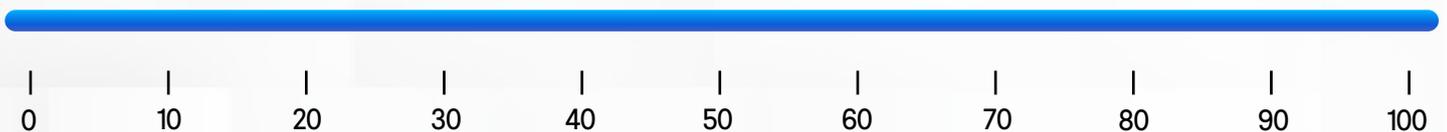
Creating



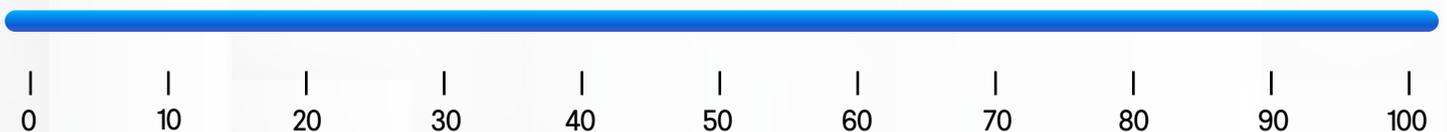
Helping



Persuading



Organizing





Answer the following questions:

1. What is your main career type?
2. What kind of tasks does this career require?
3. What are the core values of this career?
4. Does this feel like you? Why or Why not?



In this section, record the career, description, salary, and growth predictions for each of your top three career choices.

Career:

Description:

Earning/Salary:

Growth:

Career:

Description:

Earning/Salary:

Growth:

Career:

Description:

Earning/Salary:

Growth:



Brand Story Organizer: Story, Value, Contributions

Directions: Take a moment to summarize some of this work here. What is your authentic story?

1 Authentic Story: I am someone who...

- Has these important life experiences:

- Brings these skills:

- Has accomplished these things:

- Is motivated or passionate about:

- Has these core values and traits:



Values Hold ‘Em Decoded

After you have completed the Values Hold ‘Em card sorting activity, take a moment to reflect on the choices that you made.

Think about the cards and what category you chose for each one. Then, answer the following questions.

You may focus on capturing the main points and can list your responses as bulleted items. Be sure to save your PDF as you complete your responses.

1. What did you keep and what did you give up?

Keep

Give Up

2. Do the values that you decided to keep and give up align with your values like you expected them to? Why or why not?



3. Based on these values, what life choices or careers might you consider? Use a list of careers that you are interested in, and consider how they line up with the values you decided to keep.
4. How could your values affect your life choices (e.g., I value family, so I chose a career without travel to spend summers with my children; I value innovation, so I studied design; and so on)?

Order It! Values

Directions

- Complete the My Ranking column first. In this column, use the drop-down menu to order the values from 1 to 10 based on what is most important to you (1) to what is least important to you (10).
- Use each number only once.
- Save your responses when done.
- Next, use the Hide button at the end of the table to hide your responses.
- Then, interview a family member and capture their rankings.
- Be sure to save the PDF when your interview is complete.



My Ranking	What’s Important to Me?	My Family Member’s Ranking
	Having a friend I can depend upon	
	Living according to my religious belief	
	Making a lot of money	
	Having a stable and loving family	
	Having the respect of others	
	Getting/having an education	
	Doing something that contributes to my community	
	Having an enjoyable job that uses my talents and skills	
	Living in a safe environment	
	Living in a community that values equity and justice	

Use these buttons to hide/unhide your choices in the My Ranking column when you are interviewing a family member.

Hide Unhide



Family Values Interview

Directions

- Unhide your responses on the Order It! Values sheet and share these with your family member.
- Talk about what you notice.
- Complete the family values interview by asking your family member the questions and recording their responses.
- Focus on capturing the main points by listing the responses as bulleted items.
- Save your PDF as you complete each question.

1. Where did your rankings match those of your family member? Where did they differ?

Matched

Differed

Be sure to record your family member’s response below and save your work.



2. Ask your family member the following questions: What drove you to choose your highest ranked values? What drove you to choose your lowest ranked values?
3. What are the values your parents or other family members passed on to you?
4. Are there any values your family gave to you that you chose not to pass to your children?



5. What are five things our family values?

6. In an earlier question, we talked about what values came from your parents. What are other ways our family values have been established (i.e., through church or our community)?

7. How do we live or show these values in our everyday life (e.g., at home, at school, or with your friends)?



People Who Shape Their Communities

Directions:

Select three of the videos you watched by Roadtrip Nation. Record the person's name and occupation. Write about how their job contributes to society, what motivates them, and how they strengthen their community.

Name:

Occupation:

1. How Their Job Contributes to Society:

2. What Motivates Them:

3. How They Strengthen Their Community:



Name:

Occupation:

1. How Their Job Contributes to Society:

2. What Motivates Them:

3. How They Strengthen Their Community:

Name:

Occupation:

1. How Their Job Contributes to Society:



2. What Motivates Them:

3. How They Strengthen Their Community:

Ideas to Action Statements

Directions:

Think of three values you hold and list them. Then, break that big idea down to smaller, concrete issues that you can have impact on. Finally, list at least one action you could take to work toward making an impact in that area.

Here is a reminder of some examples:

- I value women's rights. My issue is education of girls. My connected civil action would be volunteering for Girls Inc. or Big Sisters.
- My value is conserving natural spaces. My issue is conservation through hunting and sportsmanship. A civic action is volunteering for Partners in Conservation.
- My value is my culture and our traditions of music. My issue is cultural and personal expression through drumming. My civic engagement is to play with my local Native American/Taiko/African drum group.



- Preserving the agricultural lifestyle is my value. My issue is preserving small family farms. My civic action could be to lead a 4-H club or join FFA.
- My uncle is gay and I believe in LGBTQ rights. My issue is reducing LGTBQ youth suicides. I volunteer for pride festival every year.

1. My value is

My related issue is

My civic action could be

2. My value is

My related issue is

My civic action could be

3. My value is

My related issue is

My civic action could be



3. How did your knowledge of your relationship to society and happiness change over the course of your learning?

4. What taught you the most about yourself that you will use to find your future pathway to happiness?