



### Deposits and Withdrawals

**Directions:** Complete the chart below based on the following guiding questions:

What are some positive “deposits” that help a relationship grow?

What are some negative “withdrawals” that can damage a relationship?

<b>Deposits</b> +	<b>Withdrawals</b> -

## Conflict Table

**Directions:** Fill in each box below with examples from your own life (at home, at school, in the community, or nation, etc.). For each situation, describe how/why each party won or lost.

<b>Win-Win</b> I win and you win  	<b>Lose-Win</b> I lose and you win  
<b>Win-Lose</b> I win and you lose  	<b>Lose-Lose</b> I lose and you lose  

## Go for the Win

**Directions:** Think of a time in your life when you felt that you lost in a negotiation while the other side won. Use the steps outlined below to identify an alternative *win-win* solution to that negotiation.

State the situation	
What outcome(s) do <i>you</i> want from these circumstances?	
What outcome(s) do <i>the other person involved</i> want from these circumstances?	
What could <i>you</i> give or do for the other person involved?	
What could <i>the other person involved</i> give or do for you?	
How can you create a win-win solution? How do you each benefit from your new solution?	